

Adrienne: So, Lisa, what is that you're _____ (drinks / drinking)?

Lisa: Oolong tea. _____ (Iced / Ice) oolong tea.

Adrienne: Is it your favorite _____ (drink / drinks)?



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Lisa: It's not _____ (really / rarely) my favorite drink. My favorite drink is Diet Coke. I _____ (love / live) Diet Coke, but a couple of _____ (years / year) ago, I was drinking only Diet Coke and _____ (started / start) to realize that that probably was _____ (not / now) the healthiest thing for me to be drinking, so I _____ (switch / switched) to oolong tea.

Adrienne: What are the benefits?

Lisa: So there is a couple of _____ (benefit / benefits). One benefit which I really like is that it _____ (absorb / absorbs) fat, or when you're eating foods that are high in _____ (fit / fat) and drinking it with oolong _____ (of / for) some reason it absorbs some of the _____ (fit / fat), so there have been _____ (studies / study) that prove that oolong tea does contribute to weight _____ (lost / loss), and that's why if you go to a _____ (lot / let) of Chinese restaurants they'll always _____ (serving / serve) tea with the meal and most likely it's oolong tea cause for some _____ (reason / really) it absorbs fat, plus oolong tea also _____ (have / has) anti-oxidants, which are cancer _____ (fighting / fighter) and makes it so much healthier, so it _____ (fights / fighting) fat and cancer.

Adrienne: So _____ (not / now) you only drink oolong tea?

Lisa: Well, in my _____ (research / researching) on the most healthiest drink, I also _____ (find / found) that green tea was even healthier _____ (than / then) oolong tea, so now I drink oolong tea, green tea, and always a bit of diet coke.

Adrienne: So what are the benefits _____ (for / of) green tea?

Lisa: Green tea, also, I think it has _____ (much / more) anti-oxidants. They did a study of green tea and _____ (found / find) that people who drink green tea _____ (lose / lost) more weight than people who weren't _____ (drinking / drink) green tea, so anything that _____ (either / neither) absorbs fat and _____ (contributes / contribute) to weight loss is a drink for me.

Adrienne: OK, but I _____ (though / thought) green tea had a lot of caffeine in it, so I thought _____ (actually / actual) that green tea was _____ (maybe / may be) is not the best tea to be drinking.

Lisa: That's what a lot of _____ (person / people) think actually, and in fact, green tea, so if you _____ (look / luck) at on a scale of drinks _____ (like / look) tea and coffee and green tea and oolong tea, the drink that has the _____ (last / least) amount of caffeine is _____ (actual / actually) green tea and that is because it's not _____ (process / processed). The leaves are just _____ (died / dried). Then the next drink _____ (that / this) has more caffeine is oolong tea _____ (because / before) the leaves are semi-processed. After that, the next drink that has _____ (more / much) caffeine is coffee actually, _____ (obviously / obvious) everyone know coffee has a lot of caffeine, _____ (because / but) the drink that has the most caffeine _____ (as / is) English tea.

Adrienne: Very _____ (interested / interesting). I learned a lot _____ (for / from) you today.



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Adrienne: So, Lisa, what is that you're _____ (drinks / drinking) **(drinking)**?

Lisa: Oolong tea. _____ (Iced / Ice) **(Iced)** oolong tea.

Adrienne: Is it your favorite _____ (drinks / drink) **(drink)**?



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Lisa: It's not _____ (really / rarely) **(really)** my favorite drink. My favorite drink is Diet Coke. I _____ (live / love) **(love)** Diet Coke, but a couple of _____ (year / years) **(years)** ago, I was drinking only Diet Coke and _____ (start / started) **(started)** to realize that that probably was _____ (now / not) **(not)** the healthiest thing for me to be drinking, so I _____ (switched / switch) **(switched)** to oolong tea.

Adrienne: What are the benefits?

Lisa: So there is a couple of _____ (benefit / benefits) **(benefits)**. One benefit which I really like is that it _____ (absorbs / absorb) **(absorbs)** fat, or when you're eating foods that are high in _____ (fat / fit) **(fat)** and drinking it with oolong _____ (of / for) **(for)** some reason it absorbs some of the _____ (fat / fit) **(fat)**, so there have been _____ (study / studies) **(studies)** that prove that oolong tea does contribute to weight _____ (loss / lost) **(loss)**, and that's why if you go to a _____ (lot / let) **(lot)** of Chinese restaurants they'll always _____ (serve / serving) **(serve)** tea with the meal and most likely it's oolong tea cause for some _____ (reason / really) **(reason)** it absorbs fat, plus oolong tea also _____ (has / have) **(has)** anti-oxidants, which are cancer _____ (fighting / fighter) **(fighting)** and makes it so much healthier, so it _____ (fights / fighting) **(fights)** fat and cancer.

Adrienne: So _____ (now / not) **(now)** you only drink oolong tea?

Lisa: Well, in my _____ (researching / research) **(research)** on the most healthiest drink, I also _____ (found / find) **(found)** that green tea was even healthier _____ (than / then) **(than)** oolong tea, so now I drink oolong tea, green tea, and always a bit of diet coke.

Adrienne: So what are the benefits _____ (for / of) **(of)** green tea?

Lisa: Green tea, also, I think it has _____ (more / much) **(more)** anti-oxidants. They did a study of green tea and _____ (find / found) **(found)** that people who drink green tea _____ (lost / lose) **(lost)** more weight than people who weren't _____ (drink / drinking) **(drinking)** green tea, so anything that _____ (neither / either) **(either)** absorbs fat and

_____ (contributes / contribute) **(contributes)** to weight loss is a drink for me.

Adrienne: OK, but I _____ (thought / though) **(thought)** green tea had a lot of caffeine in it, so I thought _____ (actual / actually) **(actually)** that green tea was _____ (may be / maybe) **(maybe)** is not the best tea to be drinking.

Lisa: That's what a lot of _____ (people / person) **(people)** think actually, and in fact, green tea, so if you _____ (look / luck) **(look)** at on a scale of drinks _____ (look / like) **(like)** tea and coffee and green tea and oolong tea, the drink that has the _____ (least / last) **(least)** amount of caffeine is _____ (actually / actual) **(actually)** green tea and that is because it's not _____ (processed / process) **(processed)**. The leaves are just _____ (died / dried) **(dried)**. Then the next drink _____ (that / this) **(that)** has more caffeine is oolong tea _____ (before / because) **(because)** the leaves are semi-processed. After that, the next drink that has _____ (more / much) **(more)** caffeine is coffee actually, _____ (obviously / obvious) **(obviously)** everyone know coffee has a lot of caffeine, _____ (but / because) **(but)** the drink that has the most caffeine _____ (is / as) **(is)** English tea.

Adrienne: Very _____ (interesting / interested) **(interesting)**. I learned a lot _____ (from / for) **(from)** you today.



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